



PHYSICAL EDUCATION AND SPORT A LEVEL

COURSE TITLE

A Level Physical Education and Sport

EXAM BOARD

AQA

METHOD OF ASSESSMENT

Examination and coursework.

KEY TOPICS

Applied Anatomy & Physiology

Skill Acquisition

Sport and Society

Exercise Physiology

Biomechanics

Sports Psychology

Technology in Sport

COURSE HIGHLIGHT

If you have a passion for sport then A-level PE has everything you need! Visits to Teesside University and other venues to use state of the art sports science equipment. Regular climbing sessions with high quality coaching and visits to Sunderland climbing wall.

High standard of teaching and learning planned and led by the AQA Chief Examiner resulting in strong results including a number of A* over recent years.

CAREER LINKS

Activity Development Worker

Outdoors Instructor

Community Welfare and Development Manager

Sports Nutritionist